

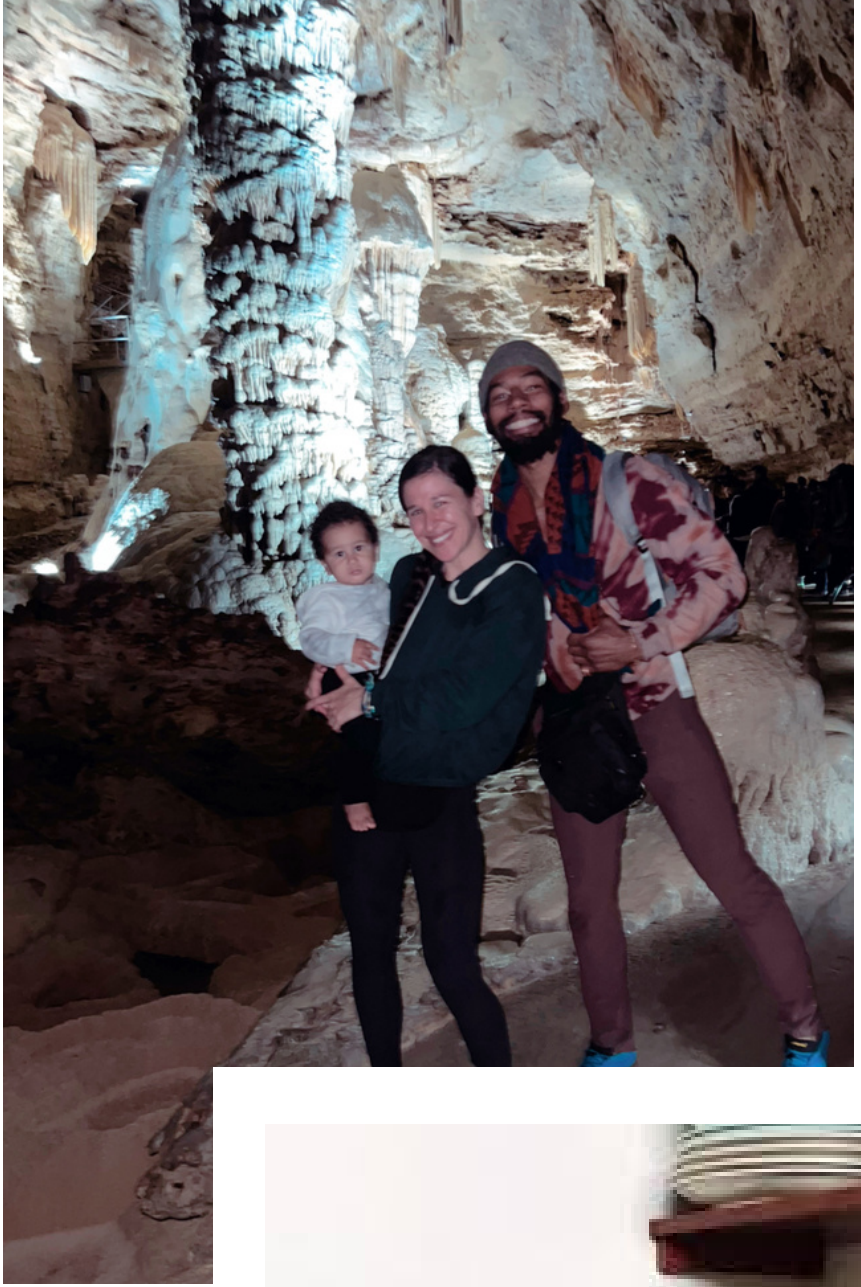
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*Electrolyzed  
Reduced Water*





# CELLULAR HYDRATION

*What we often don't realize is that our natural state is one of well-being, free of dis-ease and ailments of all kinds. As with most good things, we don't appreciate their worth until we have lost it, and then it doesn't take long before all of the ailments that arise start to settle in become our new "norm". We are told by doctors and others that these ailments are just normal process of aging instead of recognizing them as the result of chronic dehydration, unhealthy food, lack of movement and poor lifestyle choices.*

*Our bodies are 75% water, and just like the food we eat matters, so does the quality of our water! Water carries nutrients into our cells, aids in digestion, flushes our toxins and is **key** to our body and brain functioning properly. REMEMBER not all water is created equal. Tap water is highly contaminated and acidic and nearly ALL bottled water (alkaline or not) is filled with microplastics, xenoestrogens and void any naturally occurring minerals vital to our health. Not to mention the detrimental effect this plastic has on our planet.*

*This is why Enagic says change your water, change your life! Kangen water is alkalized, restructured, anti-oxidant rich drinking water straight from your tap. Switching to Kangen water will not only improve your health but it will save your money, and reduce your environment impact.*

*- The Allens*



# WHAT IS KANGEN WATER

Kangen Water is *ELECTROLYZED REDUCED WATER* which means it is rich in molecular hydrogen (H<sub>2</sub>). Hydrogen acts as a powerful and selective antioxidant that is rapidly absorbed to repair and prevent cellular damage from disease causing oxidative-stress. Our bodies are exposed to toxic free radicals through everyday living such as exposure to stress, air, pollution, environment toxins, sleep deprivation, electromagnetic fields (EMF) from electronic devices, poor diets, strenuous exercise and more. Free radical damage leads to inflammation, disease and premature aging. Molecular hydrogen is the safest and most powerful anti-oxidant to fight free radical damage. It keeps our cells healthy and alive while also boosting the immune system.

Kangen Machines are **medical grade** in home water ionizer machines that produce 7 different levels of custom pH water that is rich in hydrogen. Hydrogen is not only the smallest molecule in the universe, but also most bioavailable which is why it's absorbed better than any other water. Molecular hydrogen is also neutral, which allows it to penetrate any membrane space in your body and contribute to detoxification.

Hydrogen is shown to benefit every organ in human body, effectively mitigating oxidative stress and inflammation. It is a very unique anti-oxidant effect that specifically targets the most harmful free radicals in our body. Since the water is restructured, meaning it more hydrating, it can also quicker absorbed into each cell in our body.

*Electrolyzed Reduced Water*

ANTI-OXIDANT



# WHY IS HYDRATION IMPORTANT?

Your body is made of trillions of cells. These cells require fluid to maintain their structure and, in turn, to function properly. Taking in enough fluid is the first step to achieving cellular hydration. Your cell membranes are highly permeable to water (meaning they permit water to pass through them), and water follows osmotic gradients. Osmotic gradients are generated when the concentration of solutes, such as sodium, is higher on one side of the membrane than the other.



In the context of your cells, this means if you don't have enough water circulating through your body, water will be drawn from the inside of the cells due to increased osmotic pressure — causing those cells to shrink. When your body contains enough water, this lowers the concentration of solutes in your body fluids, which allows more water to move inside of the cells and restore their shape.

"Maintaining cellular hydration can help protect your cells so they can carry out your body's key functions. What's more, chronic cellular dehydration is linked to unwanted health effects later in life, such as insulin resistance and hypertension, for example," says Jennifer Williams, MPH, a nutrition scientist at Abbott specializing in hydration.





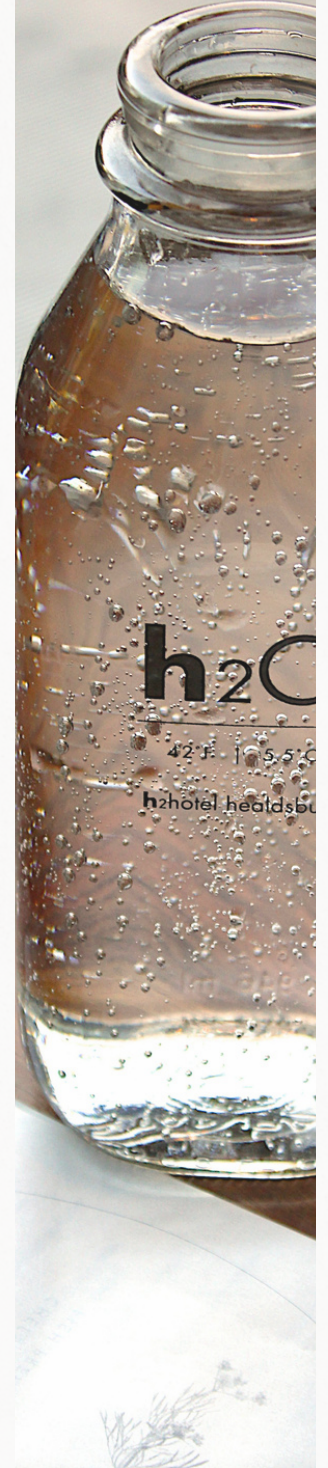
# OXIDATION REDUCTION POTENTIAL

*Kangen water is the only drink that measures as a negative ORP and helps buffer your cells from damage. ORP is measured in a range of -2000 to +2000 and units are in millivolts. Each substance we consume has an ORP measurement. The higher and more positive the number the more inflammatory and damaging to cells. The lower, the higher anti-oxidizing and healing to your cells. For example Kangen has an ORP of -800, whereas green tea is -40 and soda pop +400.*



# MACHINE BENEFITS

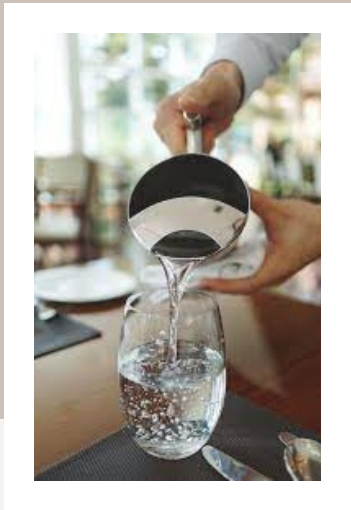
- 1. Antioxidant Properties:** ERW is an antioxidant due to its negative 800 ORP. Antioxidants can help neutralize harmful free radicals and reduce oxidative stress, which is associated with various health issues.
- 2. Improved Hydration:** ERW is absorbed more efficiently by the body, leading to better hydration. The smaller water cluster size created during electrolysis the easier for the body to absorb.
- 3. Alkalinity:** ERW is alkaline in nature helps neutralize excess acidity in the body. This is linked to the concept of maintaining a balanced pH level in the body, which is believed to be important for overall health.
- 4. Detoxification:** ERW can support the body's natural detoxification processes by promoting the elimination of toxins.
- 5. Gut Anti-Inflammatory Effects:** ERW is hydrogen rich water which in return has 10x the anti-inflammatory properties than green tea benefiting individuals with conditions associated with chronic inflammation.





# HOW DOES IT WORK

*Your Kangen machine sits on countertop and connects to your water source via tap. Through electrolysis the water molecules will break down separating H<sub>2</sub>O into hydrogen gas and oxygen gas, therefore changing the molecular structure of the water. These isolated molecules are easier for your cells to absorb which in turn increases hydration, nutrition uptake, metabolic function, cellular function, and energy production. In short: your cells are more deeply penetrated by electrolyzed reduced water, resulting in optimally hydrated and overall better functioning and detoxification for body.*







# SUSTAINABILITY

*Owning a machine will reduce your environmental impact and limit the amount of toxins in your home. These machines are built to last 25+ years, saving thousands of single use plastic water bottles from our oceans and landfills. The various pH level help eliminate the need for toxic bottled cleaners, detergents, soaps, bug sprays, pesticides, beauty products, first aid and so much more. Less Toxins+ Less Plastic=Healthy Planet.*





# 85+ WAYS TO USE MACHINE

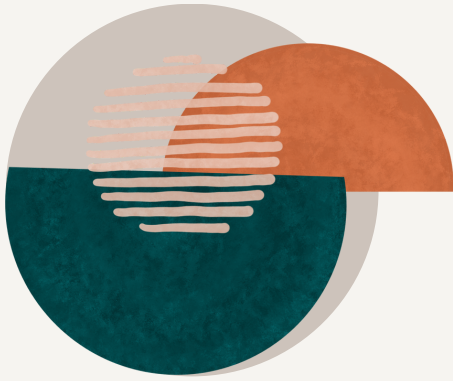
***Kangen water** replaces countless household, beauty and health products to help you live a healthier, more non-toxic lifestyle (which in turn helps you slow down your plastic waste - yay for helping the environment!).*

**Here's how:**

*The machine has several settings which produce 7 types of water - 4 alkaline, 2 acidic and 1 neutral. These different settings/waters hold many uses to them which will be broken down here.*

*While you read through this list - keep in mind how much money (and plastic) you will save in the duration of owning this machine which has a guaranteed lifespan of 25+ years!*

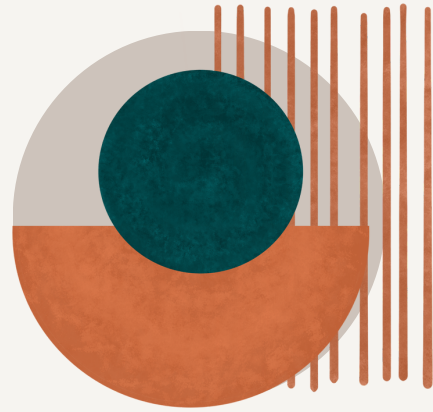




# 11.5 PH

## STRONG ALKALINE

*Potent cleaning agent that can be used in place of detergents and cleansers, a powerful grease cutting agent. After cleaning surfaces with ph 11.5, spray the surface with ph2.5 as an anti-microbial. It also acts as an anti-inflammatory.*



# 9.5 PH

## DRINKING WATER

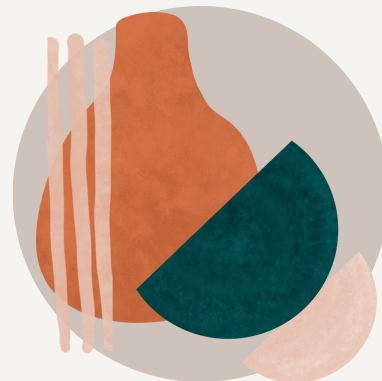
*Kangen water is high in molecular hydrogen, antioxidants and minerals. It improves health on every level starting from day 1 and in the long term by hydrating and repairing each cell of the body down to its DNA*



# 7.0 PH

## NEUTRAL-CLEAN

*Best for baby formula and medications. Use for taking pharmaceutical medicines. These are designed to be time released; the majority of medication should not be absorbed by your body, but rather urinated out.*

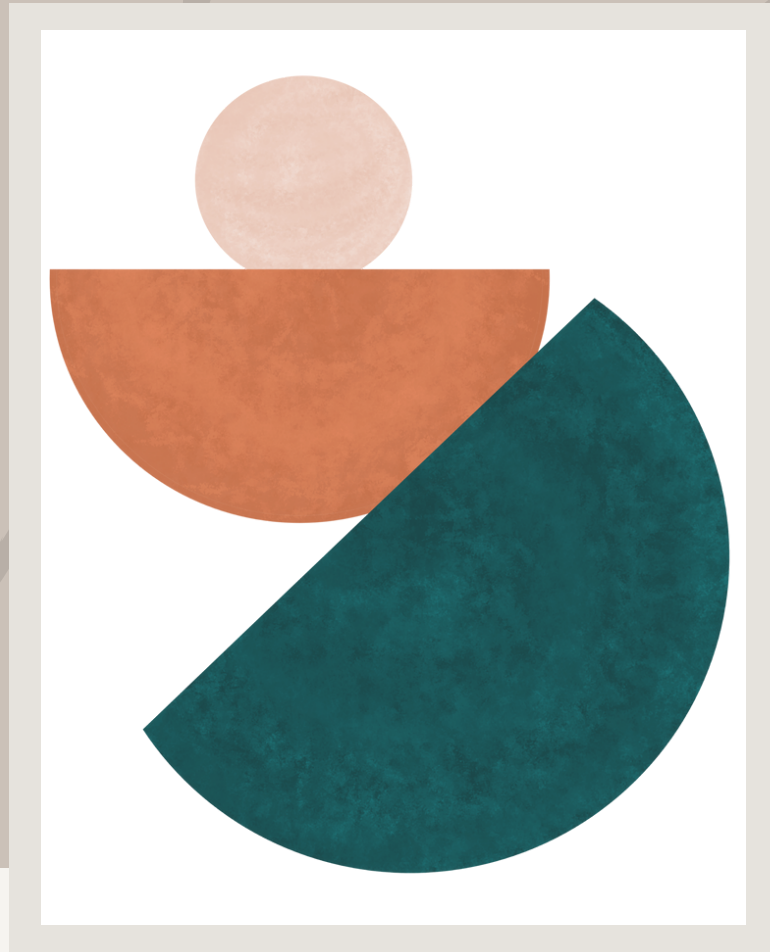


# 6.0 PH

## BEAUTY WATER

*This pH is similar to rain water as well as the pH most similar to our skin. Use as final rinse in shower or bath to tone and firm skin. can help eliminate a vast spectrum of facial blemishes with daily, regular use.*





2.5 PH

*Strong Acidic Water (hypochlorous acid)*

HAS VERY POTENT ANTI-MICROBIAL  
PROPERTIES AND KILLS MICROBES ON  
SURFACES WITHIN SECONDS. HAS A  
CHLORINE-LIKE SMELL

# KANGEN WATER

SCAN ME



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1. [How is Kangen Water is DIFFERENT!](#)
2. [Brain Health and Kangen Water](#)
3. [Doctors, Nutritionists and Scientist on Kangen Water](#)
4. [Kangen Water and Anti-Aging.](#)
5. [Truth of Skeptical Doctor](#)
6. [65+ Uses for Kangen Water in Home](#)

RESOURCES



# COMPARING COSTS

*Owning a Kangen Machine will save money long term. Whether you are paying for water delivery service, buying bottled water or using alternative filters, these methods add up over time. Since our family did this one time investment this machine has gave us highest quality, alkaline and antioxidant rich water and it has replaced numerous household items.*

*Imagine never having to spend money on cleaners, drinking water, hand sanitizers and detergents. Enagic offers 0% interest financing options making it affordable for everyone*

**THE ALLENS**