

4OOD4OUR4HOUGHT

WEEKLY MEAL PLANS

meals as low as \$10

ORDER NOW



5 MEALS

Single Meals

Wanting to try our services for the first time or maybe you are doing most the cooking yourself and looking for just 1 meal a day.

\$13.00



10 MEALS

Two Meals a Day

Skipping Breakfast? Barely getting in Lunch? Try our 2 Meals/Day or share with your other meal with your significant other or co-worker.

\$11.50



15 MEALS

Three Meals a Day

Feeding a family of or needing extra reassurance all meals of the day are prepared for? Enjoy Breakfast/Lunch/Dinner without sacrificing anytime.

\$10.00

***Prices are subject to change based of customization or portion size.*

Ready to Enjoy? Text to place order



(740) 868-1272

Next Steps

[Complete Customer Preference Form](#)

Bi-Weekly Billing

You Can Pause or Cancel Anytime

MENU

COOKED + FRESH MEALS

COOKED MEALS

Nacho Burger Plant Based or Grass Fed
Cabbage Patch Stew
Fennel Lentil Soup
Sour Dough Grilled Cheese w/ Tomato Bisque
Soup

FRESH MEALS

Citrus Fruit Parfait
Sweet Kale Fruit Salad
Oasis of Plenty

[SEE FULL MENU](#)

ADD ONS

JUICES+ELIXIRS+KOMBUCHA

[SEE](#)
[FULL](#)
[MENU](#)

J U I C E S 1 6 O Z

Citrus Bliss
Cellular Flush
Cooler Heat *seasonal*
Eden Herbs
Giovana Bella
Godly Greens
Golden Eagle
Indigo Punch
Pucker Up
Seeing More
Rise N Restore
Blue Flame

E L I X I R

Creative Flow

K O M B U C H A

Alpha K